

BEEF BURGER

Garlic Cheese Bread \$8.95

Traditional French Baguette bun with garlic butter and mixed cheese

Deep Fried Pickles \$11.95

Breaded dill pickles, served with ranch sauce.

Nachos

Small \$12.95 | Large \$14.95

Crispy tortilla chips loaded with mixed cheese, diced tomatoes, green peppers, jalapeño peppers, and black olives. Served with salsa and sour cream.

Add Chicken \$3.95 | Chili \$3.95 | Ground Beef \$3.95

Mozzarella Sticks \$11.95

Breaded mozzarella cheese sticks served with homemade marinara sauce.

Thai Shrimp \$12.95

Pan-seared herb and garlic shrimp, Julienned sweet peppers & onions tossed in our sweet and spicyThai sauce.

Oregano Feta Fries \$8.95

Our signature French fries tossed with oregano, cajun spice and feta cheese. Served with lemon garlic aioli.

Cheese Bruschetta \$11.95

Ciabatta bread topped with diced tomatoes, fresh garlic, fresh basil, and onions. Served with cheddar or feta and a balsamic reduction.

CrispyCalamari \$13.95

Fresh calamari, lightly breaded and fried to a golden brown. Served with our home-made tzatziki sauce.

Buffalo Chicken Bites \$12.95

All-white-meat chicken bites breaded and fried crispy, sauced up in bualo sauce.

Crab Cakes \$13.95

Crumb-crusted homemade crab cakes drizzled with chipotlesauce served with tomato mixed green cucumber salad, tossed in a balsamic reduction.

Samosas \$8.95

Deep fried triangle samosas stued with traditional filling consisting of potatoes, peas, onions and our signature spice mix. Served with authentic samosa sauce.

Appetizers Platter 4 People \$29.95

4 mozzarella sticks, Bualo chicken bites, 8 wings and 4 samosas. Served with sweet chili sauce, Marinara sauce and blue cheese or ranch dressing.

Coconut Shrimp \$12.95

Butterfly shrimp breaded and fried in coconut with a side of sweet, chili sauce.

URGERS

Homemade Flame Broiled

ALL OUR BURGERS ARE 80Z OF 100% LEAN GROUND BEEF MADE FRESH DAILY ON YOUR PREMISES.

THE WORKS: lettuce, tomato, onion, pickle, relish, ketchup, and mustard.

ALL BURGERS ARE SERVED WITH CHOICE OF FRENCH FRIES, HOUSE SALAD, OR SOUP OF THE DAY.

Substitute: Onion Rings, Sweet potato fries, Greek Salad, or Caesar Salad for \$1.95 Upgrade to Poutine \$3.95

Beef Burger \$12.95

8oz beef burger, seasoned and grilled to perfection on a sesame bun.

Cheese Burger \$13.95

8oz beef burger, with a generous portion of grated cheddar cheese.

Bacon Burger \$14.95

8oz beef burger, with 3 slices of bacon

Banquet Burger \$15.95

8oz beef burger, with cheddar cheese and 3 slices of bacon.

Avocado Veggie Cheeseburger \$14.95

Veggie burger topped with hot banana peppers, avocado, tomato, red onion, lettuce and goat cheese.

Patty Melt \$15.95

8oz beef burger between two slices of melted Swiss cheese, topped with fried onions and served on grilled rye bread.

Chicken Burger \$12.95

Our signature crispy breaded chicken burger cooked to perfection.

Danforth Burger \$15.95

8oz beef burger, served with Tzatziki sauce, feta cheese and cucumber.

Swiss Mushroom Burger \$15.95

8oz beef burger topped with Swiss cheese and sauteed mushrooms.

Tex-Mex Cheese Burger \$15.95

Our 8oz beef burger topped with mixed cheese, pickles, chilli, shredded lettuce, golden onion rings, and jalapeños.

BBQ Peameal Burger \$15.95

Our homemade 8oz beef patty topped with maple BBQ sauce, cheddar cheese and peameal bacon.

Add Avocado or Cheese \$1.95

Soup of the day \$5.95

Prepared daily with market fresh ingredients. Ask your server for our daily homemade selection.

Chef Salad

Crisp iceberg lettuce with tomatoes, cucumbers, carrots, celery, red cabbage and your choice of dressing.

Small \$8.95 Large \$10.95 Add Cheddar Cheese 1.95

Greek Salad

A combination of crisp iceberg lettuce, tomatoes, cucumbers, onions, feta cheese, and kalamata olives with our homemade Greek dressing.

Small \$9.95 Large \$13.95 Extra Feta \$1.95

Caesar Salad

Crisp romaine lettuce, bacon, croutons, and parmesan cheese tossed with homemade creamy garlic dressing.

Small \$9.95 Large \$13.95

Grilled Chicken Caesar Salad \$14.95

6oz marinated grilled chicken breast on Caesar salad.

Grilled Chicken Greek Salad \$14.95

6oz marinated grilled chicken breast on Greek salad. **Extra Feta \$1.95**

Cobb Salad \$16.95

Sliced flame-grilled chicken breast, smoked bacon, crisp lettuce, cucumber, avocado, sliced hard-boiled egg, cheddar cheese, goat cheese, tomatoes, and home-made croutons with your choice of dressing.

Paradise Chicken Salad \$15.95

Herb-marinated grilled chicken breast, mixed greens, avocado, goat cheese, and honey roasted walnuts topped with your choice of dressing.

Avocado Apple-Feta Salad \$13.95

Mixed greens, avocado, honey roasted walnuts tossed with lemon honey dressing topped with apple slices and feta cheese. Add Chicken \$3.95

Light Flavours

Extra Feta cheese for \$1.95

Light Pork \$14.95

Pork souvlaki skewer with Greek salad and tzatziki sauce.

Light Chicken \$14.95

Chicken souvlaki skewer with Greek salad and tzatziki sauce.

Light Steak \$15.95

70z AAA New York striploin steak served with our special Greek salad.

Light Salmon \$15.95

Fresh Atlantic grilled salmon served with ourspecial Greek salad.

DRESSINGS:

Caesar, Greek, Italian, French, House Honey-Lemon Vinaigrette, Blue Cheese, Ranch, Balsamic, and Thousand Island.

SPECIALTY

Chicken or Pork Souvlaki Pita \$14.95

Chicken Souvlaki on a pita with tomatoes, onions and tzatziki sauce. Served with choice of potato, House salad or soup of the day.

Chicken Fingers \$14.95

5 tender breaded chicken strips, fried to perfection and served with fries, plum sauce and coleslaw.

SIDE ORDERS

French Fries Veggies & Dip \$5.95 \$4.95 **Sweet Potato Fries** \$6.95 Rice \$4.95 **Mashed Potato Onion Rings** \$6.95 \$4.95 **Roasted Potato** Gravy \$1.95 \$4.95 Coleslaw **Steam Vegetable** \$4.95 \$5.95





Served with blue cheese or ranch dressing. Extra dip or sauce \$0.95

1. CHOOSE YOUR TYPE OF WING

- **Naked Wings** Fried until golden and crispy
- Breaded Wings Lightly breaded and fried

2. CHOOSE YOUR FLAVOUR

MILD, MEDIUM, HOT, SUICIDE, SWEET CHILI, HONEY GARLIC, AND ASIAN HOT **Dry Rub** - LEMON PEPPER OR DRY CAJUN

3. CHOOSE YOUR SIZE OF SIDE

Wings & Veggies 1lbs - \$12.95 | 2lbs - \$24.95 Wings & Fries 1lbs - \$14.95 | 2lbs - \$27.95 Substitute Sweet Potato Fries \$1.95

RIBS

Pork Baby Back Ribs

Tender pork back ribs marinated in our tasty rib sauce. Served with coleslaw and your choice of fries or mashed potatoes

Half \$16.95 Full \$22.95

Ribs & Wings Combo \$24.95

Half order of pork baby back ribs and 1 pound wings served with french fries or mashed potatoes.



OCTINE

100% Real Curds

Real Curds Poutine

Real cheese curds layered in between our signature fries and topped with hot gravy.

Small \$10.95 Large \$14.95

Bacon Poutine \$14.95

Our traditional real curds poutine topped with bacon and hot gravy.

Banquet Poutine \$15.95

Our traditional real curds poutine with ground beef, bacon and cheddar cheese.

Chili Poutine \$14.95

Our real curds poutine topped with homemade chili, jalapeño & cheddar cheese.

Butter Chicken Poutine \$14.95

Our signature fries topped with real cheese curds, butter chicken and sauce.

Bualo Chicken Poutine \$14.95

Our real curds poutine topped with bualo chicken.

Chicken Caesar Wrap \$14.95

Caesar salad with bacon bits and grilled chicken wrapped in a soft flour tortilla.

Club Wrap \$14.95

Sliced deli turkey, bacon, cheddar cheese, lettuce, and tomatoes drizzled with chipotle mayonnaise and wrapped in a tortilla.

Crispy Bualo Chicken Wrap \$14.95

Lightly breaded chicken tenders tossed in a medium bualo style sauce with tomatoes, cheese and lettuce drizzled with sweet chili sauce and wrapped in a tortilla.

Crispy Chicken Ranch Wrap \$15.95

Mixed cheese, bacon, lettuce, tomato, crispy chicken and ranch dressing wrapped in a tortilla.

Mediterranean Veggie Wrap \$14.95

Lettuce, tomato, black olives, cucumber red onion, feta topped with tzatziki and drizzled with sweet onion sauce wrapped in a tortilla.

SERVED ON YOUR CHOICE OF Toas WHITE, BROWN OR RYE BREAD.

ALL SANDWICHES AND WRAPS ARE SERVED WITH CHOICE OF FRENCH FRIES, HOUSE SALAD, OR SOUP OF THE DAY.

Substitute: Onion Rings, Sweet potato fries, Greek Salad, or Caesar Salad for \$1.95 Upgrade to Poutine \$3.95

Steak Melt \$16.95

7oz striploin steak with sauteed onions, bell peppers, sauteed mushrooms and melted swiss cheese on a toasted ciabatta bun.

Steak on a Kaiser \$16.95

70z steak grilled to perfection with fried onions and served on a kaiser bun. Add Cheese \$1.95 Add Sauteed Mushrooms \$1.95

Corned Beef on a Kaiser \$14.95

Corned beef cooked to perfection served on a fresh kaiser bun.

Reuben on Rye Bread \$15.95

A grilled sandwich composed of corned beef, melted Swiss cheese, sauerkraut, and grilled between two slices of rye.

Philly Melt \$15.95

Our home-made sliced roast beef with sauteed onions, mushrooms, bell peppers and cheddar cheese on a fresh ciabatta bun.

Veal on Ciabatta \$16.95

Homemade veal cutlet on a toasted ciabatta bun with a tomato-herb sauce and melted mixed cheese.

Chicken Parmesan on a Kaiser \$15.95

Delicious crispy coated chicken breast smothered in a rich home made tomato sauce with melted mozzarella & cheddar cheese served on kaiser.

Toasted Western \$12.95

3 eggs, ham, onions, and green peppers on your choice of bread.

French Dip \$15.95

Shaved top sirloin cooked to perfection on French baquette, topped with crispy onions and swiss cheese. Served with au jus. Add Sauteed Mushrooms \$1.95

Avocado-Bacon BBQ Chicken \$16.95

Grilled BBQ chicken, avocado, bacon, lettuce, cheddar cheese, and tomato on a Kaiser bun.

Chicken or Pork Souvlaki Pita \$15.95

Served on a pita with tomatoes, onions and tzatziki sauce.

Classic Club \$14.95

A triple decker sandwich with deli turkey, bacon, lettuce, tomato and mayonnaise. Served on your choice of bread. **Add Cheese \$1.95**

Chicken Club \$15.95

A triple decker sandwich with chicken breast, bacon, lettuce, tomato and mayonnaise. Served on your choice of bread. **Add Cheese \$1.95**

Grilled Cheese \$11.95

Melted cheddar cheese between two pieces of your choice bread and grilled to perfection. Add Bacon \$1.95

BLT \$10.95

Crispy smoked bacon, lettuce, tomatoes and mayonnaise on your choice of bread. **Add Bacon \$1.95**





Add a salad to your meal for \$2.95

Hot Roast Beef \$19.95

Our slowly cooked juicy roast beef on a slice of bread topped with hot gravy, served with fries or mashed potatoes and mixed fresh vegetables.

Hot Hamburger \$18.95

Our homemade 8oz beef burger on a slice of bread top with hot gravy, served with fries or mashed potatoes and mixed fresh vegetables.

Chicken Parmesan \$19.95

Delicious crispy coated chicken breast smothered in a rich homemade tomato sauce with melted mozzarella & cheddar cheese served with fries or mashed potatoes and mixed vegetables.

Veal Parmesan \$19.95

T SANDWICHES & POPULAR DISHES

Delicious crispy coated homemade veal cutlet smothered in our rich tomato sauce with melted mozzarella & cheddar cheese served with fries or mashed potatoes and mixed vegetables.

Chicken or Veal Parm on Pasta \$19.95

Delicious crispy coated chicken breast or veal cutlet smothered in a rich homemade tomato sauce with melted mozzarella & cheddar cheese served with choice of rose or alfredo sauce and pasta (linguine, penne, spaghetti or fettuccine). Served with garlic bread.

Liver with Bacon & Onions \$17.95

Pan-seared baby beef liver topped with bacon, sauteed onions and hot gravy. Served with mash potatoes or fries and mixed fresh vegetables.

Shepherd's Pie \$17.95

Lean ground beef, green peas, corn, onions, carrots, and celery, topped with gravy, mashed potatoes and a sprinkle of melted cheddar cheese. Served with mixed vegetables.

Meat Lasagna \$17.95

Homemade lasagna with 100% ground beef, baked with mozzarella, cheddar and cottage cheese, served with caesar salad and garlic bread.

KIDS MENU \$9.95

3 - 12 YEARS OLD

SERVED WITH KID'S DRINK AND ICE CREAM

Spaghetti with tomato sauce Add meatballs \$1.95

Penne with alfredo sauce Add chicken \$1.95

Kid's burger with fries Add cheese \$0.95

Chicken fingers with fries Served with plum sauce

Grilled cheese with fries

Hot dog with fries

Add cheese \$0.95

DINNER ENTREE

STEAK

Strip Loin Steak \$24.95

100z AAA strip loin steak grilled to your preference, served your choice of potatoes, vegetables and garlic bread.

Steak & Shrimp \$26.95

100z AAA New York strip loin steak grilled to perfection, topped with shrimp, and served with choice of potatoes, vegetables, and garlic bread.

Steak & Lobster \$32.95

100z AAA New York strip loin steak grilled to perfection, topped with a lobster tail. Served with choice of potatoes, vegetables, garlic bread and garlic butter.

CHICKEN & PORK

Butter Chicken \$17.95

Tender chicken mixed with butter chicken sauce and served on a bed of steamed basmati rice with naan bread and sour cream

Stir-Fry

Tender pieces of chicken, beef or shrimp specially marinated and pan-fried with traditional vegetables in special thai stir-fry sauce. Served with rice and garlic bread.

Chicken \$18.95 Beef \$20.95 Shrimp \$19.95 Vegetable \$15.95

Chicken Souvlaki Dinner

Tender chunks of chicken breast, marinated in our ownrecipe and broiled to perfection. Served with Greek salad, roasted potatoes, house rice, tzatziki, and garlic bread.

Small \$17.95 Large (two skewers) \$19.95

Pork Souvlaki Dinner

Tender chunks of pork specially marinated and broiled to perfection,

served with Greek salad, roasted potatoes, house rice, tzatziki sauce, and garlic bread.

Small \$17.95 Large (two skewers) \$19.95

Chicken Fingers \$14.95

5 tender breaded chicken strips, fried to perfection and served with fries, plum sauce and coleslaw.

Add Lobster Tail \$12.95 Add Shrimp (5) \$6.95

Smoked Paprika Chicken \$20.95

Smoked paprika chicken breast topped with red wine, and a creamy mushroom sauce. Served with rice pilaf, market vegetables and garlic bread

Authenthic Jambalaya \$23.95

Louisiana favorite jambalaya filled with grilled chicken breast, sausage, shrimp, mussels, bell peppers, onion, tomato with Cajun spice, and rice. Served with garlic bread

SEAFOOD

Fish & Chips \$16.95

Fresh piece of haddock lightly beer battered and deep fried until golden brown. Served with fries and coleslaw. **Add Extra Fish \$9.95**

Atlantic Salmon \$23.95

Fresh Atlantic grilled salmon topped with lemon and caperdill butter sauce. Served with our house rice, seasoned vegetables and garlic bread.

Salmon & Shrimp \$26.95

Fresh Atlantic grilled salmon and panseared herb and garlic shrimp topped with lemon and caper-dill butter sauce. Served with house rice and fresh vegetables.

Baked Lobster and Garlic Shrimp Dinner \$28.95

Atlantic lobster tail baked with garlic butter poached shrimp. Served with market vegetables and your choice of white or yellow rice.





PASTA

Add a side salad to your meal for \$2.95. All pastas are served with garlic bread. Add cheese to your garlic bread for \$1.95

Fettuccine Alfredo \$14.95

Fettuccine tossed in a creamy alfredo sauce. Add Chicken \$4.95 Add Shrimp \$4.95

Seafood Linguine \$22.95

Linguine pasta with black tiger shrimp, mussels, and scallops tossed in a delicious homemade rose sauce.

Chicken Penne \$19.95

Penne with grilled sliced chicken breast, mushrooms, peppers and onions in our signature rose sauce.

Spaghetti and Meatballs \$18.95

Spaghetti noodles served with homemade meatballs tossed in a zesty tomato sauce with onions and mushrooms.

Shrimp Pasta \$20.95

Spaghetti with black tiger shrimp, sundried tomatoes, spinach roasted red peppers, mushrooms, black olives, and goat cheese in a pesto cream sauce. (veggie option available)

Chicken or Veal Parm on Pasta \$19.95

Delicious crispy coated chicken breast or veal cutlet smothered in a rich homemade tomato sauce with melted mozzarella & cheddar cheese served with choice of rose or alfredo sauce and pasta (linguine, penne, spaghetti or fettuccine). Served with garlic bread.

Penne Primavera (veggie) \$18.95

Penne with sundried tomato, sweet pepper, onion, mushroom, and spinach, tossed in a tomato cream sauce and topped with goat cheese. Served withgarlic bread

DESSERT

NewYork Cheesecake \$6.45

Choice of cherry or plain

Ice Cream \$4.45

Choice of vanilla, chocolate or strawberry

Chocolate Brownie with Ice Cream \$5.95

Choice of vanilla, chocolate or strawberry

Cherry Pie with Ice Cream \$5.95

Apple Pie with Ice Cream \$5.95



BREAKFAST & LUNCH

3 EGGS CLASSIC BREAKFAST

Classic Breakfast

3 eggs cooked any style with your choice of bacon, ham or sausage served with toast and home fries.

Quick Flame Big Breakfast

4 eggs cooked any style with 2 strips of bacon, 2 sausage links, 2 slices of ham and 2 fluy hot buttermilk pancakes topped with syrup and served with home fries.

Peameal and Eggs

3 eggs cooked any style with peameal bacon served with toast and home fries.

Grilled Chicken and Eggs

6oz marinated grilled chicken breast with 3 eggs cooked any style served with home fries and toast.

Frank's Breakfast

3 eggs cooked any style with 3 strips of bacon and 3 sausage links served with home fries and toast.

Steak and Eggs

Our tender premium 70z New York striploin grilled to perfection with 3 eggs cooked any style, served with home fries and toast

4 EGG OMELETTES

Egg whites \$1.49 Add cheese \$1.95 Plain Omelette \$9.95

Western Omelette \$12.95

Four eggs, diced smoked ham, diced onion and green pepper.

Mushroom Swiss Omelette \$13.95

Four eggs, sauteed mushrooms with Swiss cheese.

Cheese Omelette \$11.95

Four eggs with grated cheddar cheese.

Garden Omelette \$13.95

Four eggs, sauteed mushrooms, green peppers, onions, cheddar cheese, and diced tomatoes.

Meat Lover's Omelette \$14.95

Four eggs diced smoked ham, bacon, sausage, diced peameal, onion and mushrooms.

Canadian Omelette \$13.95

Four eggs, bacon, mushroom, tomato & cheddar cheese.

EGGS BENEDICT

All eggs benedict are served with poached eggs on an English mun covered with hollandaise sauce.

Served with home fries. Add \$1.45 for extra spinach or cheese.

Ham \$12.95

Peameal \$13.95

Steak \$15.95

Spinach & Cheddar \$13.95

Mushroom & Swiss \$13.95

Bacon & Avocado \$14.95





FRENCH TOAST

All pancakes & French toast are served with icing sugar and syrup.

Add whipped cream for \$0.95

Plain French Toast \$10.95

3 slices of bread dipped in our signature egg batter, grilled golden brown, served with butter and syrup.

French Toast
With Bacon (3 slices) 12.95
With Sausages (3 links) 12.95
With 3 Eggs Any Style 12.95

Strawberry - Banana French Toast \$12.95

3 slices of bread dipped in our signature egg batter, grilled golden brown, topped with fresh strawberries and sliced banana served with butter and syrup.

PANCAKES

Plain Pancakes \$10.95

3 fluy buttermilk pancakes topped with icing sugar and served with butter and syrup. With Bacon (3 slices) 12.95 With Sausages (3 links) 12.95 With 3 Eggs Any Style 12.95

Chocolate Chip Pancakes \$11.95

Strawberry Banana Pancakes \$12.95

Blueberry Pancakes \$11.95

Chocolate Banana Pancakes \$12.95

KIDS BREAKFAST

Served with choice of chocolate milk or juice.

Add fruit to any of these kids meals for \$1.95.

Kid's Eggs \$7.95

Two eggs cooked any style with two strips of bacon or sausage with home fries and toast.

Kid's Pancakes \$7.95

Two pancakes served with syrup and icing sugar (Chocolate Chips or Blueberries \$0.95)

LUNCH ENTRÉE

Chicken or Pork Souvlaki \$14.95

Tender chunks of chicken breast or pork, marinated in our own recipe and broiled to perfection. Served with Greek salad and house rice.

Avocado Atlantic Salmon \$15.95

Grilled Atlantic salmon glazed with teriyaki sauce. Served with avocado, basmati rice and steamed vegetables.

Quesadilla

Fresh flour tortilla stued with sauteed bell peppers, onions, mushrooms, and chicken baked with mixed cheese.
Served with homemade chunky salsa and sour cream.
Chicken \$13.95 Veggie \$12.95

BEVERAGES

Coffee \$2.55

Tea \$2.55

Soft Drinks \$2.95

Apple Juice \$3.95

Orange Juice \$3.95

Milk \$3.95

Chocolate Milk \$4.95

Hot Chocolate \$2.95

Milk Shake \$5.95 (Vanilla, Strawberry or Chocolate)